



Activity Sheet

Port and starboard



Teach your students basic nautical terms with this lively activity. A 'captain' shouts commands to his crew who must follow orders or they must sit out.

Command	Action
Port	Run to left-hand side of the space you are in
Starboard	Run to right-hand side of the space you are in
Bow	Run to front of the space you are in
Stern	Run to back of the space you are in
Man the lifeboats	Find a partner, sit on the floor facing each other, holding hands and rocking backwards and forwards (as in "row, row, row your boat")
Scrub the deck	Students crouch and pretend to clean the floor with their hands
Climb the rigging	Students pretend to climb a rope ladder
Captain's coming	Students salute and shout out "Aye Aye Captain"
Hit the deck	Children lie down on their stomachs as quickly as possible
Rats on board	Children sit on the floor, hugging their knees, whilst feet are raised off floor

You can also try this game as a variation of 'Simon Says'. Participants only have to obey the command if 'Simon the Pirate' says it.

